

RESOURCE GUIDE



Office of
Mental Health



Rockland County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Behavioral Health Response Team (BHRT)

24/7 outreach and support. Assessment, referrals
845-517-0400

Crisis Text Line

24/7 Crisis support
<https://chat.988lifeline.org/>

Montefiore Nyack Hospital

160 N Midland Ave
845-348-2000

Loeb House

Take Five Respite—peer advocacy for those in crisis.
Staff available 8am-8pm. Can stay up to 5 days.
Main Office: 1 Blue Hill Plaza Pearl River NY
845-735-0515

Mental Health Treatment & Rehabilitation

Greater Mental Health of New York

Referrals, treatment, care management, peer support,
employment, housing, deafness advocacy.
140 Rte. 303 Ste A, Valley Cottage
845-267-2172

Rockland Psychiatric Center

Outpatient mental health services
140 Old Orangeburg Road Orangeburg
845-359-1999

Achieve Behavioral Health

Psychotherapy, medication management, substance use
disorders, peer support.
25 Robert Pitt Drive Suite 101 Monsey
845-425-5252

Additional locations in Airmont, Pomona, Monroe

Peer Support Services

Jawonio—The Front Porch

Peer run program that offers recreational activities and social connection

260 N. Little Tor Road, New City

845-708-2000 ext. 2301

Mon, Wed 12:30-3:30 pm, Fri 10am-2pm

NAMI Rockland Family Peer Program

Support groups, peer led activities and advocacy, support for friends/significant others

140 Old Orangeburg Road Bldg. 57 Orangeburg

845-359-8787

Bridges

Peer counseling, independent living Skills, information and referrals, systems advocacy

2290 Palisades Center Drive West Nyack

845-624-1366

Addiction or Substance Use Treatment and Support

Lexington Center for Recovery

Clinic, Day Rehab, gambling treatment

100 Route 59 Suite 111, Airmont

845-369-9701

Sites in West Haverstraw and Valley Cottage

Montefiore Nyack Hospital—The Recovery Center

Intensive Outpatient Treatment, outpatient detox, clinic

312 Route 59 Nyack

845-348-2075

Samaritan Daytop Village—Rockland Outreach Center

Clinic, day treatment, methadone maintenance

620 Route 303 Blauvelt

845-353-2730

Rockland Council on Alcoholism and Other Drug Dependence

Prevention and recovery services, family support, peer recovery, overdose prevention

25 Smith Street Suite 101 Nanuet

845-215-9788

Other Services

Center for Safety and Change

24/7 assistance for victims of gender based violence

9 Johnson Lane, New City

845-634-3391 Hotline: 845-634-3344

Locations in Haverstraw, Spring Valley, Nyack, Pomona

The Trevor Project

Connect with trained counselors that understand the challenges the LGBTQ young people face.

24/7

1-866-488-7386 or text START to 678-678

Veterans Crisis Line

Support for Veterans, family members and friends

24/7

988, then press 1 or text 838255

To find more mental health programs and services visit our website at www.omh.ny.gov



BeWell.ny.gov

